



## OVERVIEW

The CPPAA Clinical Training Program is a three year clinical training in Child and Adolescent Psychoanalytic Psychotherapy.

Intake for this program occurs annually/biannually.

The CPPAA Program includes Clinical Supervision, Infant Observation and Clinical Seminars.

Concurrent Personal Psychoanalytic Psychotherapy is another component of the Training Program.

These components of the training run alongside the Master of Mental Health Science (MMHSc) Child Psychotherapy Stream, offered at Monash University.

The MMHSc is taught by CPPAA members and it (or its equivalent) provides the theoretical component of the Child Psychoanalytic Psychotherapy Training Program.

MMHSc and is offered by Distance Learning.

Students who have had a concurrent Psychoanalytic Psychotherapy and satisfactorily complete all other components of the Training Program will be eligible to apply for membership of the CPPAA.

## CLINICAL SUPERVISION

Supervision should be concurrent with the other components of the Training Program and will be a minimum of 300 hours of supervision overall.

Candidates will be required have at least once weekly individual supervision for the duration of the Training Program, with supervisors approved by the CPPAA Training Committee.

Over the three-year period of the Training Program (or beyond this period if necessary), Candidates are required to see at least two training psychotherapy cases: one child and one adolescent, with one in psychotherapy for a minimum frequency of once per week sessions, and one in psychotherapy for a minimum of twice per week sessions. One case is to be seen for two years and the other for one year.

Candidates will also be required to see parent cases (either single parents or couples) on a once per week or fortnightly basis over a two-year period.

Supervision of parent psychotherapy cases will be offered to second and third year students in supervision groups.

## INFANT OBSERVATION

A twelve-month Infant Observation Seminar Series is offered in the first year of the CPPAA Training Program. Candidates will each observe a baby and parent/s for an hour per week for at least a year. Trainees will record and report on these observations at a weekly seminar.

The seminar leader assists candidates in exploring a deeper understanding of the emotional development of the infant and the emerging parent infant relationship. At the conclusion of the seminar, candidates will complete a paper on their observations and experience of the Infant Observation.

## PERSONAL PSYCHOTHERAPY

Candidates will undertake their own personal psychoanalytic psychotherapy or psychoanalysis with an accredited psychoanalytic psychotherapist or psychoanalyst. Fees are by private arrangement. Since personal psychotherapy is a requirement of the Clinical Training Program it cannot be claimed as a medical expense but is tax deductible as an educational expense.

## CPPAA PROFESSIONAL DEVELOPMENT MEETINGS

Accompanying this theoretical program and as an extension to it, the CPPAA offers additional seminars via the Professional Development Program, led by CPPAA members, visiting Psychotherapists, Psychoanalysts and other senior practitioners. Attendance at these additional seminars is a part of the training requirements.



## MINDFUL LIBRARY MEMBERSHIP

The Mindful Library, located at Mindful in Flemington, has an extensive collection of psychoanalytic literature and is an important resource when undertaking the CPPAA Clinical Training Program.

## ASSESSMENT

Each candidate's progress will be monitored and assessed at regular intervals throughout the program.

Clinical Supervisors and Candidates will submit six monthly reports on their progress to the Training Committee. At the end of the Training, and after successful completion of all the requirements, Candidates will receive a Certificate of Completion.

## FEES

Candidates pay a fee per annum for the training program.

This includes Infant Observation and Parent Psychotherapy Group Supervision. Library membership is optional. Clinical supervision of psychotherapy cases is by private arrangement where candidates pay supervisors directly.

## APPLICATION PROCESS

Applicants are required to have the following prerequisites:

1. Hold an undergraduate degree and a professional qualification  
eg: Psychology, Paediatrics, General Medical Practice, Psychiatry, Social Work, Nursing, Occupational Therapy, Speech Pathology or other qualification deemed appropriate
2. Have at least 2 years work experience in their chosen profession
3. Be currently working in the field with access to child psychotherapy cases
4. Be undertaking post graduate studies in Child Psychoanalytic Psychotherapy Studies

## APPLICATION FORM

The application form for the CPPAA Clinical Training Program can be obtained by contacting the CPPAA at [admin@cppaa.org.au](mailto:admin@cppaa.org.au)

## CONTACT

Please contact the CPPAA Clinical Training Program Coordinator for further information

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# CLINICAL TRAINING PROGRAM CHILD PSYCHOANALYTIC PSYCHOTHERAPY